

TREATMENT ACCOUNTABILITY COURT

MEDICATIONS, DRUGS, AND OTHER PROHIBITED SUBSTANCES

TAC participants cannot use illegal drugs or alcohol. **All medication, whether over-the-counter or prescribed, must be authorized by the Team prior to it being taken.** Any prescription medications must be required by a doctor and you should not have any prescription filled before receiving approval from the Team. This prohibition includes dietary supplements and vitamins. Taking prohibited substances will make your recovery harder. Use of prohibited substances can also cause a positive drug test.

Unless otherwise approved by the Team, use or possession of the following substances is **NOT** allowed in the program:

- Narcotic painkillers such as Percocet (Oxycodone), Darvocet, Tylenol 3, Vicodin
- Barbiturates
- Benzodiazepines such as Ativan, Valium (diazepam), Xanax
- ADHD Medicine with Amphetamines such as Adderall, Dexedrine, Procentra
- Non-Narcotic Pain Medications: Tramadol and Ultram
- Tranquilizers
- Muscle Relaxers
- Methadone and Suboxone
- Stimulants or Caffeine Pills such as Vivarin or NoDoze
- Diet or weight loss aids
- Sleep Aids or hypnotics such as Ambien, Soma, or Lunesta
- Sleepwalkers
- K2, Spice, salvia, morning glory, and any type of synthetic cannabinoid
- MDPV, Mephedrone, bath salts, and all designer drugs even if legal
- Herbal smoking mixtures
- Inhalants
- Poppy seeds or food containing poppy seeds
- Dietary Supplements and vitamins
- Allergy, cough, or sinus medication containing alcohol, codeine, dextromethorphan (DM), pseudoephedrine, phenylpropanolamine, diphenhydramine, doxylamine
- Any product sold with the warning that it is not for human consumption
- Alcohol and any product with alcohol such as hand sanitizer, mouthwash, Dayquil, cooking extracts, aftershave
- Other people's medications
- Psychoactive Botanicals (psychoactive plants and herbs) including Kratom

Below is a small list of approved medications:

- Pain and Fever Relief: Ibuprofen (Advil, Motrin), Naproxen (Aleve), Aspirin, Acetaminophen (Tylenol), Midol
- Skin: Benadryl Itch Stopping Cream, Cortaid, Preparation H, Monistat
- Stomach: Alka Seltzer, Beano, Maalox Tablets, Pepto-Bismol, Tums, Roloids, Pepcid AC, Prilosec, Mylanta, Imodium AD, Ipecac
- Birth Control

Only take the basic form of an approved medicine. Do not take drugs made specifically for day or night use, such as Tylenol PM. Do not take allergy medications that have a decongestant or that you have to sign for to get. Medication should only be taken as directed by a doctor and package instructions.

You must inform all medical professionals that treat you that you are in recovery as well as subject to drug and alcohol testing and that your medication must be approved. Explain that you cannot take any mood/mind altering substances as it will endanger your recovery and may result in a positive drug test.

All prescriptions must be verified. It is **always your** responsibility to provide medical records to the Team to show that you need to take medication. If you are on medications for a medical condition, you must provide proof from your doctor that the medicine is medically necessary. It is your responsibility to ensure that taking the medicine will not create a false positive. Taking any unapproved medication is not an excuse for a false positive. You are required to gather written information from a pharmacist or doctor regarding whether a medicine you request to take has alcohol, ingredients that will cause a positive drug test, or addictive properties. You must also state all ingredients in the medicine.

When in doubt, don't take a medicine that has not been prescribed by a doctor who was informed that you are in recovery.